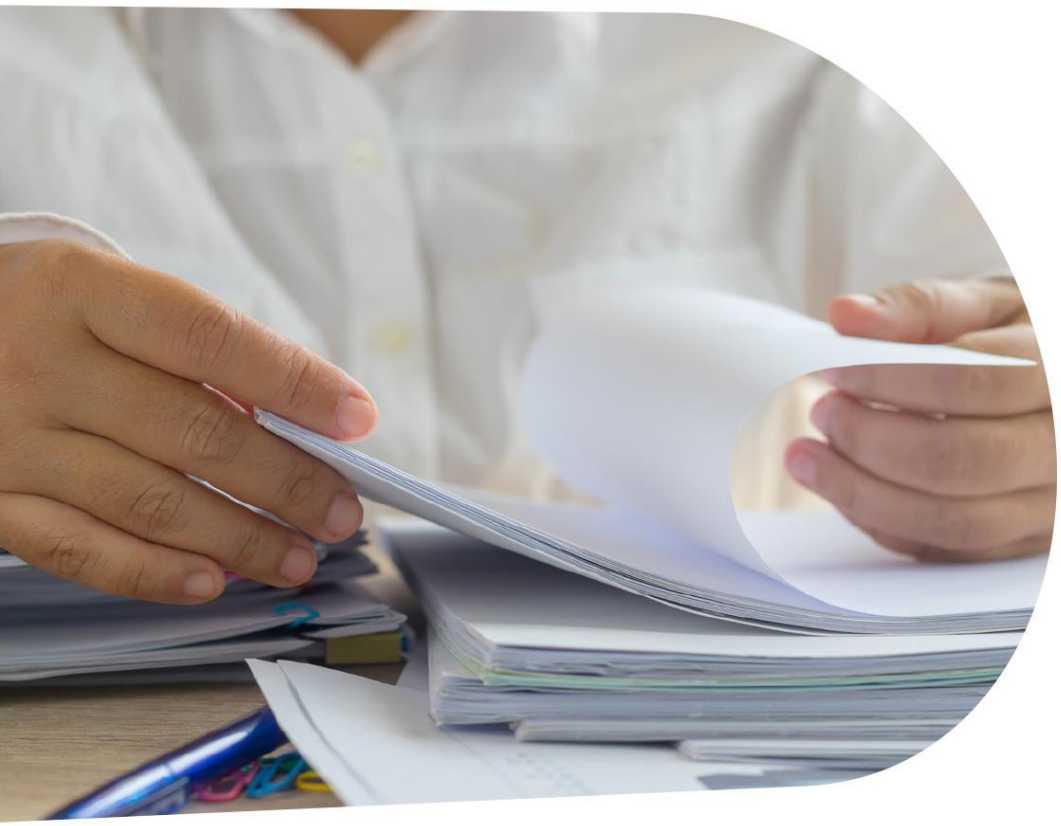
AUSTRALIAN
DENTAL COUNCIL

ADC Practical Examination

Information package (dental prosthetist)



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About this document

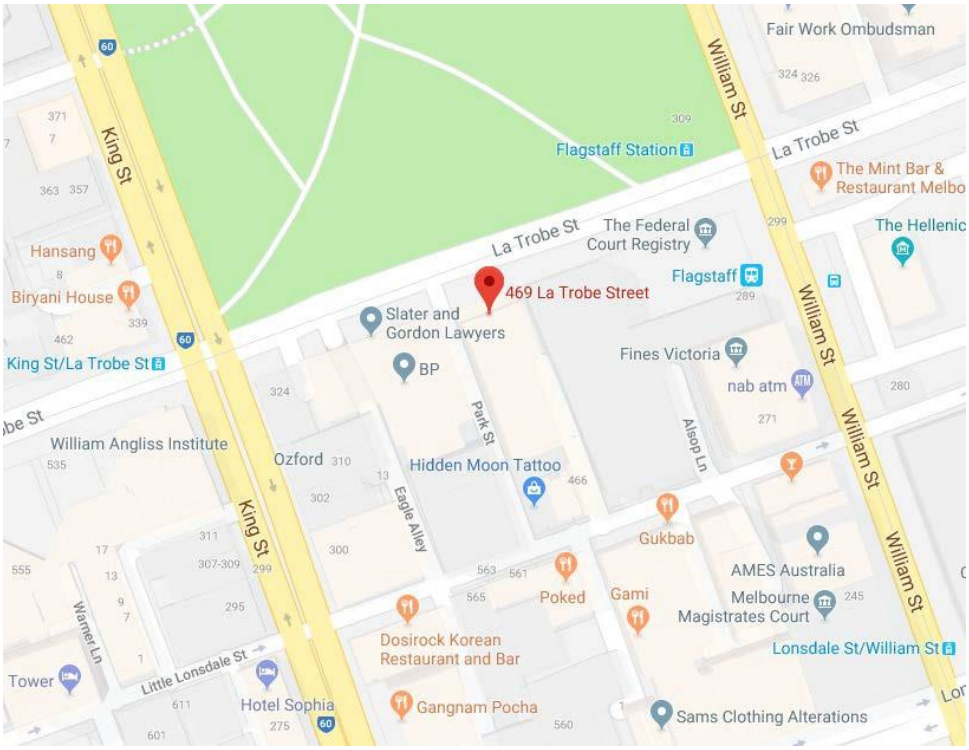
This document is intended to provide further information to candidates on what to expect at the ADC Examination Centre and during their ADC practical examination.

Where is the practical examination held?

All ADC practical examinations are held at the ADC Examination Centre at:

Level 6, 469 La Trobe Street, Melbourne, VIC, 3000
Tel: 03 9657 1777

Map:



Travel times to the Examination Centre may vary significantly due to traffic conditions and public transport timetables. Please ensure you allow adequate travel time to arrive promptly for your examination registration.

Flagstaff on the City Loop, located on La Trobe/William Streets is the closest station to the Examination Centre. It is a two-minute walk from the station to the ADC. The ADC Examination Centre is also a 12 minute walk from Southern Cross station, also known as Spencer Street Station. Along with Metro Trains, you can also catch trains to regional Victoria, as well as the Sky Bus to Melbourne Airport from Spencer Street Station.

The William Street/La Trobe Street tram stop, Stop 3, and the Flagstaff Railway Station/William Street tram stop, Stop 7, are a two-minute walk from the ADC Examination Centre. More information on trams operating from these tram stops can be found at [ptv.vic.gov.au.](ptv.vic.gov.au)

Street view:

Level 6 view – entrance to ADC premises:

Where can I stay near the Examination Centre?

You are responsible for arranging your own visa, travel and accommodation for your examination. Your examination will run over a full day.

A range of accommodation options are available in the area. A list of local accommodation is provided in Appendix 1.

What facilities are available in the Examination Centre?

During your examination you will have access to the:

- candidate registration and waiting area
- candidate locker room
- candidate lounge, kitchen and bathrooms
- candidate services room
- briefing room
- OSCE rooms
- laboratory
- simulation clinic.

Candidate registration and waiting area

When you arrive at the ADC you will be asked to wait in the candidate waiting area.

An ADC staff member will call you to the candidate registration area. During registration the staff member will take your photograph and perform an identity check. You must bring identification with you for the registration process. Suitable identification must be government issued and contain your photograph and signature, such as a driver's licence or passport.

You will be asked to sign a candidate rules agreement at the time of registration. A copy of the candidate rules agreement will be sent to you prior to the examination date.

At the registration desk, an ADC staff member will ask you to present your lunch, snacks, drinks, medications and any other materials you wish to bring with you into the Examination Centre.

Candidate locker room

After registration, you will be directed to the candidate locker room. All personal belongings, except for your lunch, snacks, drinks, medications (if pre-approved) and protective eyewear, must be left in your individually secured locker. Your belongings must remain inside your locker during the examination.

Candidate lounge and bathrooms

After your belongings are secured in the candidate locker room, you will be shown into the dedicated candidate lounge. Entering the candidate lounge is considered your entry into the Examination Centre. The candidate lounge includes:

Candidate kitchen

The candidate lounge kitchen is fitted with a refrigerator, microwaves, crockery and cutlery for your use. Tea, coffee, boiling and chilled water are provided together with biscuits and fruit. Your lunch and snacks may be stored in the candidate kitchen.

You will not be permitted to leave the candidate lounge during your lunch break. Please keep the kitchen area tidy and stack any dishes in the dishwasher after use.

Seating areas

The candidate lounge has tables, chairs and soft seating areas for your use during your breaks.

The candidate services room is a private, lockable room, fitted with a fridge and a microwave. It is suitable for prayer, meditation and for mothers who are breast-feeding.

Candidate bathrooms

Male and female candidate bathrooms are accessible via the candidate lounge.

You may access the candidate lounge, candidate bathrooms, candidate kitchen and candidate services room at any time during your examination. Whilst examiners do not monitor the candidate lounge, for your safety it is monitored by closed-circuit television (CCTV) and fitted with a duress alarm.

As it is a part of the Examination Centre, you are expected to engage in appropriate examination conduct at all times whilst in the candidate lounge.

Please remember that if you leave the candidate lounge (back into ADC reception) during your examination you will be leaving the Examination Centre and will not be permitted back into the Examination Centre to complete your examination.

Candidate Briefing Room

During the examination, you may be taken into the candidate briefing room to receive important information about your examination.

This room is accessed via the candidate lounge.

What time is the examination?

We will email your examination timetable prior to your examination. Your travel and accommodation arrangements should allow you to be available from 8am to 5pm on the day of your examination.

The following schedule is indicative only. You will be advised of any variations to these times. If variations occur, your total examination time will not be affected.

8:00am – 8:15am	Registration
8:15am - 8:30am	Briefing
8:30am – 9:00am	Orientation and set-up
9:00am – 11:45am	Examination session 1
11:45am -12:30pm	Lunch
12:30pm – 4:30pm	Examination session 2

What must I bring to my examination?

You must bring the following items to the examination:

- Current Government issued identification (must include your signature and photograph).
- Safety eye-wear (this will not be provided). Your safety eye-wear must comply with infection control standards and, if you wish, may include fixed magnification aids (this does not include a hand-held magnifying glass).

What can't I bring to my examination?

You cannot bring the following items to either day of your examination:

- × Any dental materials, burs, instruments or equipment other than your safety eye-wear.
- × Reference material including ADC handbooks, textbooks, stationary or measuring tools.
- × Any telecommunications or transmitting devices. This includes but is not limited to smart watches, smart glasses and mobile phones.

Only candidates registered into the examination will be permitted into the Examination Centre. Family members are asked *not to wait* at the ADC during your examination and may be asked to leave the reception area.

Can I bring my lunch?

You must bring your lunch. Fruit, biscuits, tea and coffee will be available in the candidate lounge. You will not be permitted to leave the Examination Centre during any break period on the examination day

Your lunch must be presented in clear packaging such as a clear container or clear snap-lock bag. The packaging must be such that ADC staff can clearly see its contents. After placing your items in your locker, we will ask you to present your lunch, in its clear packaging to the ADC staff member, who will label it with your ADC reference number and provide you with further instructions for storing your lunch in the candidate lounge fridge.

What about medications or other health related items?

We understand that occasionally, you will need to bring medications or other health-related items into the Examination Centre.

Prior authorisation is required for any medication to be brought with you on examination day. Appropriate storage of your medication(s) will be provided.

Other health related items may include:

- Medications.
- Items required during breast-feeding (an additional refrigerator with freezer facilities is also available in the lockable, candidate services room in the candidate lounge).
- Feminine hygiene products.

Your health-related items can be presented in a non-transparent bag at the time of registration. An ADC staff member may inspect the contents of this bag and will provide you with further instructions on where your items will be located in the Examination Centre.

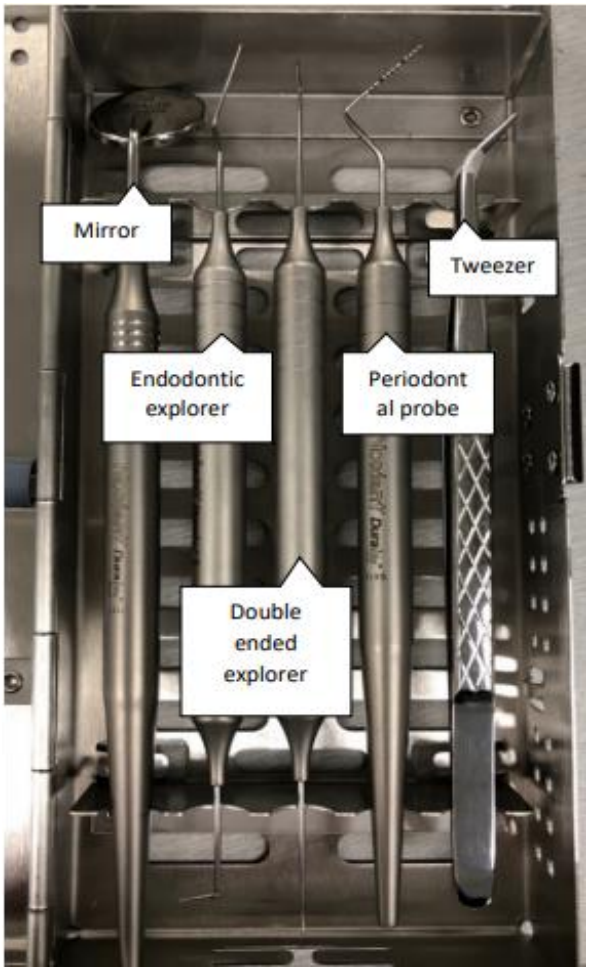
Which materials and instruments are available at the Examination Centre?

You will be provided with all the necessary equipment, materials and instruments for your examination. An indicative list of items is provided below. Please note, the ADC reserves the right to remove, add or substitute items were necessary.

Instruments and equipment

Intra oral examination	Standard exam kit (Mirror, explorers, perio probe, tweezers, ball burnisher)
	Standard Consumables (gauze, cotton rolls, floss)
Dental Pros Clinical and Lab Kit	Willis gauge Vernier measuring calliper Dividers compass (metal tips) Dental Surveyor with models
	Coloured pencils (model analysis)
	Lead pencil
	Locator kit
	Lab Wax knife LeCron carver Lab Carver DE P.K. Thomas #1, #3, #4 Millers forceps Scalpel #11 and #15 Plaster knife Wax carver Plaster spatula Spatula (plastic/metal) Mixing bowls
	HSH Bur Kit
	KaVo Handpieces
	Portable Bunsen burner Deluxe Electric Wax Heater with Thermostat Control Blazer torch
	Articulators
	Plaster
	Pink base plate wax Red bite wax Periphery wax Bite registration silicon Green stick Sticky wax
	Alginate (Quick set)
	PVS Light body (Affinis) PVS Medium/heavy body (Affinis)
	Disposable Impression trays (Small, Med, Large)
	Alginate adhesive – Paint on Cavex and Hold Disposable brushes
	PVS adhesive Paint on (Coltene) Disposable brushes
	Shade guide Dappen dish Ziplock bags Articulating paper Timers Sharpie Small plastic ruler

Examination kit



Dental Pros Clinical and Lab Kit

Kerr
Take 1 Advanced
SCALPEL
SCALPEL
USED SHARPS

Kerr
Take 1 Advanced
AFFINIS
COLTENE
COLTENE
USED SHARPS

AROMA FINE PLUS
FAST SET
DISPOSABLE IMPRESSION TRAYS
SMALL UPPER
SMALL LOWER
MEDIUM UPPER
MEDIUM LOWER
LARGE UPPER
LARGE LOWER

Metrowax
CARBON STEEL
STERILE
USED
SHARPS
VITA

What support will be available to me on examination day?

Briefing and orientation

We will provide you with any required information before the start of your examination. Following your registration on each examination day, you will be briefed on the day's requirements and orientated with the equipment and Examination Centre.

Convenors and examiners

Convenors, examiners and ADC support staff will be available should you have any questions. However, convenors, examiners and ADC support staff will not be able to advise on any questions relating to examination content, or matters which contribute to your examination grade.

Candidate services room

You may access the candidate services room (if unoccupied) during your examination. For your privacy, the candidate services room is not fitted with CCTV.

Breaks

You may return to the candidate lounge at any time for a break, but you are not permitted to leave the Examination Centre. If you leave the candidate lounge during your break, you are leaving the Examination Centre and will not be permitted back into the Examination Centre during your examination.

ADC Administration

The ADC's administrative office is located in the same building as the ADC Examination Centre. We are therefore able to access your candidate records if required.

Closed-circuit television (CCTV)

Closed-circuit television (CCTV) operates throughout the Examination Centre. This includes the candidate lounge, corridors and all examination rooms (including the simulation clinic). CCTV does not operate in the candidate bathrooms or candidate services room.

The ADC Examination Centre has been designed to provide a low-stress environment, however, all examinations can be stressful. The ADC recommends you investigate strategies to help you manage your stress during the examination.

Where can I find more information about the practical examination?

We encourage you to familiarise yourself with the following ADC reference material prior to your examination:

- The Australian Dental Council Practical examination handbook
- The Australian Dental Council Misconduct Policy
- The Australian Dental Council Candidate Rules Agreement

Appendix 1. Accommodation local to the ADC Examination Centre

Name	Description	Distance from Examination Centre	Price indication
Nomads Melbourne 196-198 A'Beckett Street Melbourne 3000 www.nomadsworld.com 03 9328 4383	2 star hostel	6 minute walk	$$$$$ Shared room – From $33
King Street Backpackers 199 King Street Melbourne 3000 www.kingstreetbackpackers.com.au 03 9670 1111	2 star hostel Free breakfast	5 minute walk	$$$$$ Shared room – From $25
Discovery Melbourne 167 Franklin Street Melbourne 3000 www.discoverymelbourne.com 9329 4012	2 star hostel	8 minute walk or short tram trip	$$$$$ Shared – From $32 Private – From $155
Hotel Sophia 277-287 King Street Melbourne 3000 www.hotelsophia.com.au 1300 724 811	3 star hotel	4 minute walk	$$$$$ From $82
YTI Garden Hotel 328 Little Bourke Melbourne 3000 www.ytigarden.com 03 9600 4000	3 star hotel or studio	10 minute walk or short tram trip	$$$$$ From $90
Nova Stargate Apartment Hotel 118 Franklin Street Melbourne 3000 www.nova-star-budget-hotel.hotelrezz.co 03 9321 0300	3 star hotel or apartment	9 minute walk	$$$$$ From $99
City Edge on Elizabeth 99 A'Beckett Street Melbourne 3000 www.cityedge.com.au 03 9005 5554	4 star apartment	8 minute walk or short tram trip	$$$$$ From $129

Name	Description	Distance from Examination Centre	Price indication
Pegasus Suites 206 A'Beckett Street Melbourne 3000 www.pegasussuites.com.au 03 9284 2400	3 star suite	4 minute walk	$$$$$ From $135
HarbourView Apartment Hotel 585 La Trobe Street Melbourne 3000 www.arrowonspencer.com.au 9321 0900	3 star hotel or apartment	4 minute walk	$$$$$ From $145
Radisson on Flagstaff Gardens 380 William Street Melbourne 3000 www.radisson.com 1800 333 333	4 star hotel	3 minute walk	$$$$$ From $180
Novotel Melbourne Central 399 Little Lonsdale Street, 3000 Melbourne https://all.accor.com/ (03) 9929 8888	4.5 star hotel	7 minute walk	$$$$$ From $266
Courtyard Marriott 50 Batman Street, Melbourne 3000 https://courtyard.marriott.com/ (03) 9120 1000	4.4 star hotel	8 minute walk	$$$$$ From $300
Dorsett hotel 615 Little Lonsdale St, Melbourne 3000 https://www.dorsetthotels.com/dorsett-melbourne/ (03) 9123 4888	4.2 star hotel	7 minute walk	$$$$$ From $401