AUSTRALIAN
DENTAL COUNCIL

Practical examination information package

ADC Examination Centre

Acknowledgment of Country

The Australian Dental Council (ADC) acknowledges the Wurundjeri peoples of the Kulin Nations as the Traditional Custodians of the land on which our administration and examination centre sits.

We also acknowledge that our business operates across Australia, on the unceded lands of the oldest continuing cultures in the world. We pay our respects to each of the Clans, Language Groups and Nations of Aboriginal and Torres Strait Islander Australia.

We acknowledge and pay respect to their Elders, ancestors, cultures, and heritage and recognise their ongoing connection to culture, land, and community.

Contents

1. About this document **5**

2. Where is the practical examination held? **5 – 6**

3. Where can I stay near the Examination Centre **7**

3. What facilities are available in the Examination Centre **7**

4. Withdrawing from a practical examination 4

4.1 Candidate registration and waiting area 7

4.2 Candidate locker room 8

4.3 Candidate lounge and bathrooms 8 – 9

4.4 Candidate briefing room 9

4.5 OSCE rooms 10

4.6 Simulation clinic 10

5. What time is the examination **11**

5.1 Technical skills day 11

5.2 Clinical skills day 11

6. What must I bring to my examination **12**

7. What can't I bring to my examination **12**

8. Can I bring my lunch **12**

9. What about medications or other health related items **12**

10. Which materials and instruments are available at the Examination Centre **13**

10.1 Examination kit 13

10.2 Restorative kit 14

10.3 Scaling kit 15

10.4 Handpieces 16

10.5 Dental X-ray unit – Planmeca ProX 16

10.6 Burs and Polishers 17

10.6.1 Diamond 17

10.6.2 Tungsten carbide 17

10.6.3 Additional finishing and polishing 17

10.7. Other instruments and equipment 18

10.7.1 Restorative 18

10.7.2 Personal protective equipment 18

10.8 Materials 18

11. What type of models and teeth are used in technical skills day? **19**

12. What support will be available to me on examination day? **19**

12.1 Briefing and orientation 19

12.2 Convenors and examiners 19

Contents

12.3 Adverse incidents 19

12.4 Breaks 19

12.5 ADC Administration 20

12.6 Closed-circuit television (CCTV) 20

13. Where can I find more information about the practical examination 20

Appendix A – Local accommodation to the ADC Examination Centre 21–22

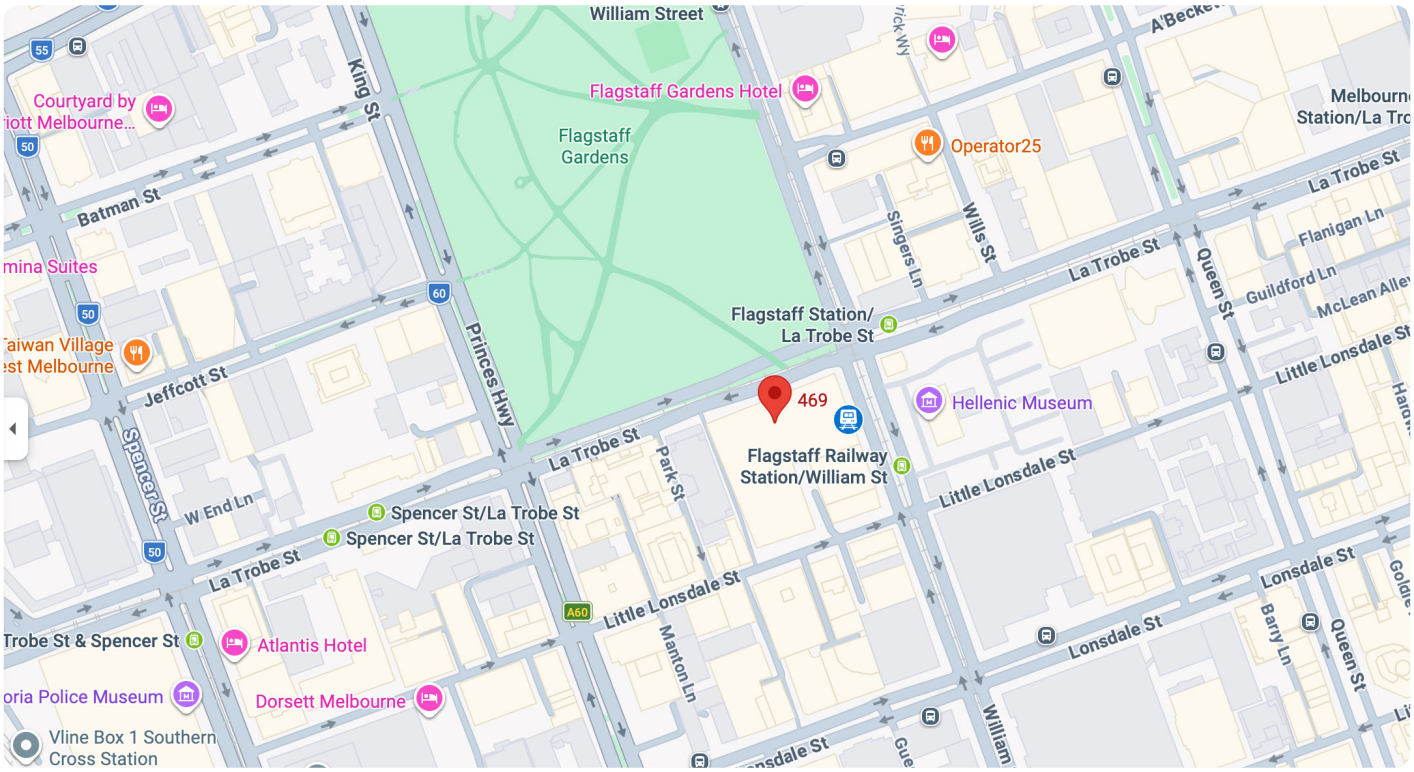
1. About this document

The information in this document is intended to provide further information to candidates on what to expect at the ADC Examination Centre and during their ADC practical examination.

2. Where is the practical examination held?

All ADC practical examinations are held at the ADC Examination Centre at:

Level 6, 469 La Trobe Street, Melbourne, VIC, 3000
Tel: 03 9657 1777



Travel times to the Examination Centre may vary significantly due to traffic conditions and public transport timetables. Please ensure you allow adequate travel time to arrive promptly for your examination registration.

Flagstaff on the City Loop, located on La Trobe/William Streets is the closest station to the Examination Centre. It is a two minute walk from the station to the ADC.

The ADC Examination Centre is also a 12 minute walk from Southern Cross station, also known as Spencer Street Station. Along with Metro Trains, you can also catch trains to regional Victoria, as well as the Sky Bus to Melbourne Airport from Southern Cross Station.

The William Street/La Trobe Street tram stop, Stop 3, and the Flagstaff Railway Station/ William Street tram stop, Stop 7, are a two minute walk from the ADC Examination Centre. More information on trams operating from these tram stops can be found at ptv.vic.gov.au

Street view

Level 6 view – entrance to ADC premises

3. Where can I stay near the Examination Centre?

You are responsible for arranging your own visa, travel and accommodation for your examination. Your examination will run over two consecutive days.

A range of accommodation options are available in the area. A list of local accommodation is provided in Appendix 1.

4. What facilities are available in the Examination Centre?

During your examination you will have access to the:

- Candidate registration and waiting area
- Candidate locker room
- Candidate lounge, kitchen and bathrooms
- Candidate services room
- Briefing room
- OSCE rooms
- Simulation clinic.

4.1. Candidate registration and waiting area

When you arrive at the ADC you will be asked to wait in the candidate waiting area.

An ADC staff member will call you to the candidate registration area. During registration the staff member will take your photograph and perform an identity check. You must bring identification with you for the registration process. Suitable identification must be government issued and contain your photograph and signature, such as a valid passport or Australian driver's licence. You will need to register (providing the same identification documentation) on both days of your examination.

On your first day you will also be required to confirm you have read and understood the Candidate Rules Agreement form, which is provided to you with your examination schedule ahead of your examination session.

At the registration desk, an ADC staff member will ask you to present your lunch, snacks, drinks, medications and any other materials you wish to bring with you into the Examination Centre. Items brought into the exam must be in clear packaging. Where this is not possible, ADC staff will inspect the contents prior to allowing them into the Examination Centre.

4.2. Candidate locker room

After registration, you will be directed to the candidate locker room. All personal belongings, except for your lunch, snacks, drinks, medications (if pre-approved) and protective eyewear, must be left in your individually secured locker. Your belongings must remain inside your locker during the examination.

4.3. Candidate lounge and bathrooms

After your belongings are secured in the candidate locker room, you will be shown into the dedicated candidate lounge. Entering the candidate lounge is considered your entry into the Examination Centre. The candidate lounge includes:

Candidate kitchen

The candidate lounge kitchen is fitted with a refrigerator, microwaves, crockery and cutlery for your use. Tea, coffee, boiling and chilled water are provided together with biscuits and fruit. Your lunch and snacks may be stored in the candidate kitchen, available to you at any time during your technical skills day examination.

You will not be permitted to leave the candidate lounge during your technical skills day lunch break. Please keep the kitchen area tidy and stack any dishes in the dishwasher after use.

Seating areas

The candidate lounge has tables, chairs and soft seating areas for your use during your breaks.

Candidate services room

The candidate services room is a private, lockable room, fitted with a fridge and a microwave. It is suitable for prayer, meditation and for mothers who are breast-feeding.

Candidate bathrooms

Male and female candidate bathrooms are accessible via the candidate lounge.

You may access the candidate lounge, candidate bathrooms, candidate kitchen and candidate services room at any time during your examination, except during timetabled sessions. Whilst examiners do not monitor the candidate lounge, for your safety it is monitored by closed-circuit television (CCTV) and fitted with a duress alarm.

As it is a part of the Examination Centre, you are expected to engage in appropriate examination conduct at all times whilst in the candidate lounge.

Please remember that if you leave the candidate lounge (back into ADC reception) during your examination you will be leaving the Examination Centre and will not be permitted back into the Examination Centre to complete your examination.

4.4. Candidate Briefing Room

During the examination, you may be taken into the candidate briefing room to receive important information about your examination.

This room is accessed via the candidate lounge.

4.5. OSCE rooms

On your clinical skills day, the convenor will collect you from the candidate lounge and take you to the candidate corridor. All OSCE rooms are accessible from the candidate corridor. You will wait outside your designated first OSCE room until further instructions are given. From the OSCE rooms you can access the candidate lounge, including the candidate bathrooms, candidate kitchen and candidate services room during any timetabled breaks.

4.6. Simulation clinic

For your technical skills day, you will be collected from the candidate lounge and taken to the simulation clinic. Your examination briefing and orientation will occur in the simulation clinic. From the simulation clinic you can access the candidate lounge, including the candidate bathrooms, candidate kitchen and candidate services room at any time during your examination.

5. What time is the examination?

We will email your examination timetable prior to your examination. Your travel and accommodation arrangements should allow you to be available from 8am to 5pm on both days of your examination. At registration for the examination, you will be provided with a detailed schedule for the day.

The following schedules are indicative only. You will be advised of any variations to these times. If variations occur, your total examination time will not be affected.

5.1. Technical skills day

The technical skills day may run on either day one or day two and will usually run according to the following schedule:

8:15am – 8:30am	Registration
8:30am – 9:00am	Candidate lounge
9:00am – 9:15am	Briefing and orientation
9:15am – 12:30pm	Technical skills day session 1
12:30pm – 1:15pm	Lunch
1:15pm – 4:15pm	Technical skills day session 2

5.2. Clinical skills day

The clinical skills day may run on either day one or day two and will usually run according to the following schedule:

Group 1

8.00am – 8:15am	Registration
8:15am – 8:30am	Candidate lounge
8:30am – 9:05am	Briefing and orientation
9:05am – 10:43am	Clinical skills day group 1 session 1
10:43am – 10:58am	Break
10:58am – 12:36pm	Clinical skills day group 1 session 2

Group 2

12:30pm – 12:45pm	Registration
12:45pm- 1:14pm	Briefing and orientation
1:14pm – 2:52pm	Clinical skills day group 2 session 1
2:52pm – 3:07pm	Break
3:07pm – 4:45pm	Clinical skills day group 2 session 2

6. What must I bring to my examination?

You must bring the following items to both days of your examination:

- Current Government issued identification (must include your signature and photograph).
- Safety eyewear (this will not be provided). Your safety eyewear must comply with infection control standards and, if you wish, may include fixed magnification aids (this does not include a hand-held magnifying glass).

7. What can't I bring to my examination?

You cannot bring the following items to either day of your examination:

- Any dental materials, burs, instruments or equipment other than your safety eyewear.
- Reference material including ADC handbooks, textbooks, stationary or measuring tools.
- Any telecommunications or transmitting devices. This includes but is not limited to smart watches, smart glasses and mobile phones.

Only candidates registered for the examination will be permitted into the Examination Centre. Family members are asked not to wait at the ADC during your examination and may be asked to leave the reception area.

8. Can I bring my lunch?

You must bring your lunch on your technical skills day. Fruit, biscuits, tea and coffee will be available in the candidate lounge. You will not be permitted to leave the Examination Centre during any break period on either examination day.

Your lunch must be presented in clear packaging such as a clear container or clear snap-lock bag. The packaging must be such that ADC staff can clearly see its contents. After placing your items in your locker, we will ask you to present your lunch, in its clear packaging, to the ADC staff member.

You will not need lunch on your clinical skills day as this is only a half-day examination. However, if you wish to bring food or snacks with you, these must be presented in clear packaging to the ADC staff members, before entering the Examination Centre.

9. What about medications or other health related items?

We understand that occasionally, you will need to bring medications or other health-related items into the Examination Centre.

Prior authorisation is required for any medication to be brought with you on examination day. Appropriate storage of your medication(s) will be provided.

Other health related items may include:

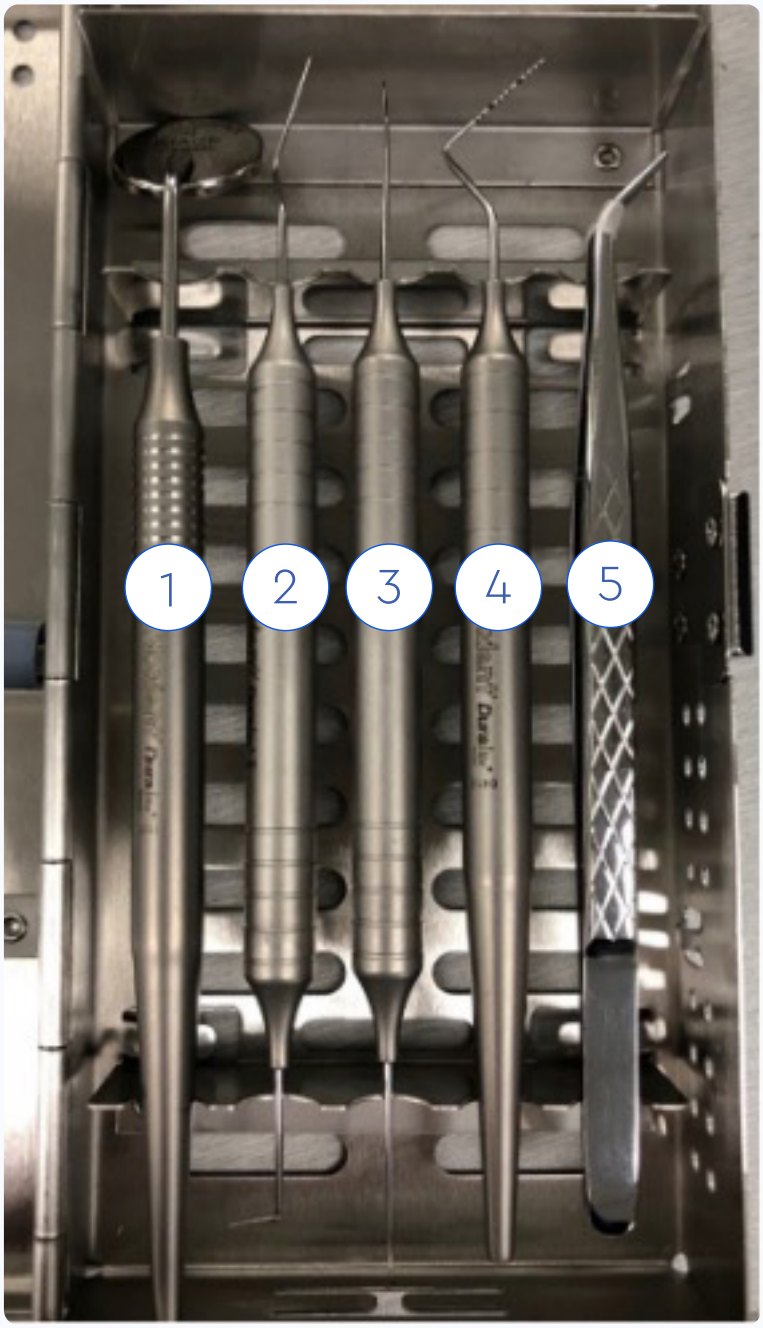
- Medications.
- Items required during breast-feeding (an additional refrigerator with freezer facilities is also available in the lockable candidate services room in the candidate lounge).
- Feminine hygiene products.

Your health-related items can be presented in a non-transparent bag at the time of registration. An ADC staff member may inspect the contents of this bag and will provide you with further instructions on where your items will be located in the Examination Centre.

10. Which materials and instruments are available at the Examination Centre?

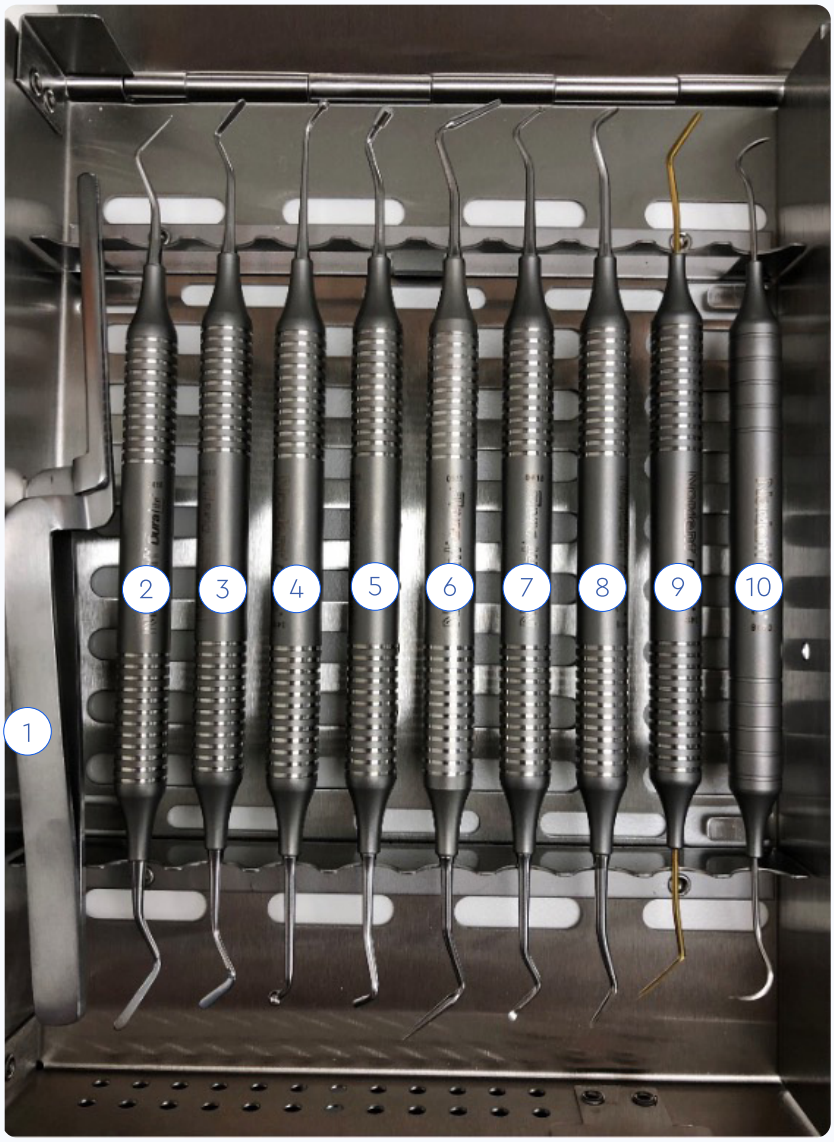
You will be provided with all the necessary equipment, materials and instruments for your examination. An indicative list of items is provided below. Please note, the ADC reserves the right to remove, add or substitute items were necessary.

10.1. Examination kit



1. Mirror
2. Endodontic explorer
3. Double ended explorer
4. Periodontal probe
5. Tweezer

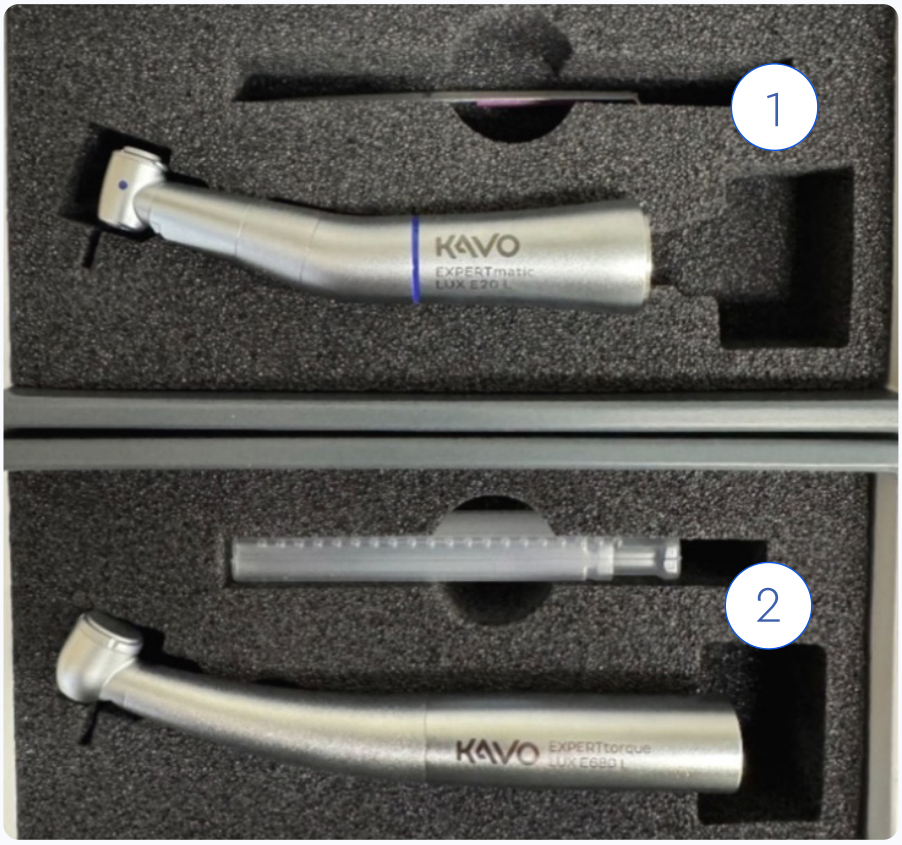
10.2. Restorative kit



1. Millers/articulating paper forceps
2. Double ended paddle
3. Paddle and condenser
4. Ball burnisher
5. Plugger
6. Mortenson plugger
7. Excavator
8. Hollenback carver
9. Composite Carver
10. Wiland/Minnesota carver

10.3. Scaling kit

10.4. Handpieces



1. KaVo handpiece – slow speed
2. KaVo handpiece – high speed

10.5. Dental X-ray unit – Planmeca ProX

10.6. Burs and Polishers

10.6.1. Diamond

- High speed Flat Fissure (110–010)
- High speed Flat Fissure (835–010)
- High speed Flat fissure (rounded) (290–012)
- High speed Fissure exploration (238–010)
- High speed Football (8379–018)
- High speed Round (801–010)
- High speed Flame (249–012)
- High speed Chamfer/torpedo (S6881–012)
- High speed Tapered torpedo (6878K-012
- High speed Tapered (flat end) (173–012)
- Endo "access" bur and endo "z" bur.

10.6.2. Tungsten carbide

- High speed fine finisher (135–014)
- Slow speed, round (H1–016) – size 6
- Slow speed, round (H1–014) – size 4
- Slow speed, round (H1–010) – size 2
- Slow speed, round (H1–006) – size ½.

10.6.3. Additional finishing and polishing

- Enhance polishing disc
- Enhance polishing point
- Polishing discs, orange series -Small and large Soflex (super fine, fine, medium, coarse)
- Mandrel (Soflex)

10.7. Other instruments and equipment

10.7.1. Restorative

- Rubber dam kit / Rubber dam /Clamps
- Disposable scalpels and blades, size 15 (Swan Morton)
- Enamel hatchet
- Mosquito forceps
- Plastic cups
- Plastic dappen dish
- Scissors
- Cement spatula
- Temporisation material dispenser and tips (Protemp, 3M ESPE)
- Tofflemire retainer
- Trio v3 sectional matrix system, including wedgeguards
- Wooden wedges.

10.7.2. Personal protective equipment

- Disposable gowns
- Antimicrobial (Microshield, Angel)
- Handwash (Microshield)
- Ear loop mask
- Tie on mask
- Gloves, latex-free, extra small, small, medium, large, extra-large (Microtouch)
- Moisturising lotion (Microshield)

10.8. Materials

- Adhesive (MasterDent)
- Articulating paper (Bausch)
- Assorted wooden wedges
- Caulking putty
- Celluloid strips
- Composite resin (Gradia X A3.5)
- Cotton rolls
- Fissure sealant (Conseal F)
- Super Etch
- Prophy paste / prophy brush
- Floss, ribbon
- Flowable composite (Filtek Supreme XTE)
- Gauze
- Impression putty
- Interproximal polishing strips, coarse – medium, centre-gap (Soflex)
- Microbrush
- Mixing pads
- Temporisation material (Protemp, 3M ESPE)
- Tofflemire matrix band (sizes 1.0015 and 2.0015)

11. What type of models and teeth are used in technical skills day?

The ADC will provide specially prepared typodont models from the PLATINUM range, exclusively supplied by One Dental. The PLATINUM range has been developed by One Dental in collaboration with Columbia Dentoform, incorporating proprietary design and material specifications and advanced manufacturing processes.

This high-performance simulation range has been engineered to deliver consistent tactile feedback, uniform cutting response and optimal aesthetics, providing a clinically representative experience during dental procedures. Each tooth is manufactured to precise tolerances to support standardisation and repeatable outcomes across teaching cohorts and high-use assessment environments.

These models will include combinations of teeth and dental tissues of the following types:

- Plain PLATINUM teeth of uniform colour and consistency
- Simulated caries: Black in colour, softer than the tooth-coloured material.
- The manufacturing process ensures standardised caries depth for each assessment tooth.
- Simulated pulp chamber and canals: hollow spaces lined with red colouring.

Please note: The use of metal hand instruments during cavity preparation may result in grey surface marking

12. What support will be available to me on examination day?

12.1. Briefing and orientation

We will provide you with any required information before the start of your examination. Following your registration on each examination day, you will be briefed on the day's requirements and orientated with the equipment and Examination Centre.

12.2. Convenors and examiners

Convenors, examiners and ADC support staff will be available should you have any questions. However, convenors, examiners and ADC support staff will not be able to advise on any questions relating to examination content or matters which contribute to your examination grade.

12.3. Candidate services room

You may access the candidate services room (if unoccupied) during your examination. For your privacy, the candidate services room is not fitted with CCTV.

12.4. Breaks

Breaks are built into your examination. You must leave the examination area and return to the candidate lounge during scheduled breaks. You must not leave the candidate lounge during your examination, including examination breaks. Additionally, you may take a break from your examination and access the candidate lounge at any time during your examination. If you leave the candidate lounge during your exams or any examination break, you are leaving the Examination Centre and will not be permitted back into the Examination Centre during your examination.

12.5. ADC Administration

The ADC's administrative office is in the same building as the ADC Examination Centre.

12.6. Closed-circuit television (CCTV)

Closed-circuit television (CCTV) operates throughout the Examination Centre. This includes the candidate lounge, corridors and all examination rooms (including the simulation clinic). CCTV does not operate in the candidate bathrooms or candidate services room.

The ADC Examination Centre has been designed to provide a low-stress environment; however, all examinations can be stressful. The ADC recommends you investigate strategies to help you manage your stress during the examination.

13. Where can I find more information about the practical examination?

We encourage you to familiarise yourself with the following ADC reference material prior to your examination:

- *The Australian Dental Council Practical examination handbook*
- *The Australian Dental Council Misconduct Policy*
- *The Australian Dental Council Candidate Rules Agreement*
- *The ADC Assessment process – An overview of the ADC assessment and examinations process for overseas qualified dental professionals.*

You are not permitted to bring any of these reference materials into your examination.

Appendix 1. Local accommodation to the ADC Examination Centre

Name	Description	Distance from Examination Centre	Price indication
Nomads Melbourne 196–198 A'Beckett Street Melbourne 3000 www.nomadsworld.com 03 9328 4383	2 star hostel	6 minute walk	**$**$$$ Shared room – From $33
King Street Backpackers 199 King Street Melbourne 3000 www.kingstreetbackpackers.com.au 03 9670 1111	2 star hostel Free breakfast	5 minute walk	**$**$$$ Shared room – From $25
Discovery Melbourne 167 Franklin Street Melbourne 3000 www.discoverymelbourne.com 9329 4012	2 star hostel	8 minute walk or short tram trip	**$**$$$ Shared – From $32 Private – From $155
Hotel Sophia 277–287 King Street Melbourne 3000 www.hotelsophia.com.au 1300 724 811	3 star hotel	4 minute walk	**$**$$$ From $82
YTI Garden Hotel 328 Little Bourke Melbourne 3000 www.ytigarden.com 03 9600 4000	3 star hotel or studio	10 minute walk or short tram trip	**$**$$$ From $90
Nova Stargate Apartment Hotel 118 Franklin Street Melbourne 3000 www.nova-star-budget-hotel.hotelrezz.co 03 9321 0300	3 star hotel or apartment	9 minute walk	**$**$$$ From $99
City Edge on Elizabeth 99 A'Beckett Street Melbourne 3000 www.cityedge.com.au 03 9005 5554	4 star apartment	8 minute walk or short tram trip	**$$$**$$ From $129

Name	Description	Distance from Examination Centre	Price indication
Pegasus Suites 206 A'Beckett Street Melbourne 3000 www.pegasussuites.com.au 03 9284 2400	3 star suite	4 minute walk	**$$$**$$ From $135
HarbourView Apartment Hotel 585 La Trobe Street Melbourne 3000 www.arrowonspencer.com.au 9321 0900	3 star hotel or apartment	4 minute walk	**$$$**$$ From $145
Radisson on Flagstaff Gardens 380 William Street Melbourne 3000 www.radisson.com 1800 333 333	4 star hotel	3 minute walk	**$$$$**$ From $180
Novotel Melbourne Central 399 Little Lonsdale Street, 3000 Melbourne https://all.accor.com/ (03) 9929 8888	4.5 star hotel	7 minute walk	**$$$$**$ From $266
Courtyard Marriott 50 Batman Street, Melbourne 3000 https://courtyard.marriott.com/ (03) 9120 1000	4.4 star hotel	8 minute walk	**$$$$**$ From $300
Dorsett hotel 615 Little Lonsdale St, Melbourne 3000 https://www.dorsetthotels.com/dorsett-melbourne/ (03) 9123 4888	4.2 star hotel	7 minute walk	**$$$$$** From $401

AUSTRALIAN
DENTAL COUNCIL

Phone: +61(0) 3 9657 1777
Fax: +61 (0) 3 9657 1766
Email: info@adc.org.au

PO Box 13278
Law Courts Victoria 8010
Australia

www.adc.org.au
© Australian Dental Council Ltd
ABN 70 072 269 900

Version: 2 (April 2025)
Updated (May 2026)